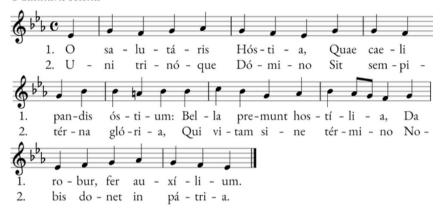
# FULLY ALIVE

## Exposition

After the priest exposes the Blessed Sacrament, the following hymn is sung:

O Salutaris Hostia



Text: St. Thomas Aquinas. Melody: DUGUET, 8.8.8.8. (L.M.); Dieu donne Duguet. Text and Melody: Public Domain.

### Adoration

there follows a suitable period of Adoration, consisting of moments of silence for personal prayer and devotional songs of praise to our Eucharistic Lord.

Prayer teams and confession are available during this time

### Benediction

Towards the end of Adoration, the following hymn is sung:





Text: St. Thomas Aquinas. Melody: ST. THOMAS (WADE), 8.7.8.7.8.7; John F. Wade. Text and Melody: Public Domain.

#### Prayer

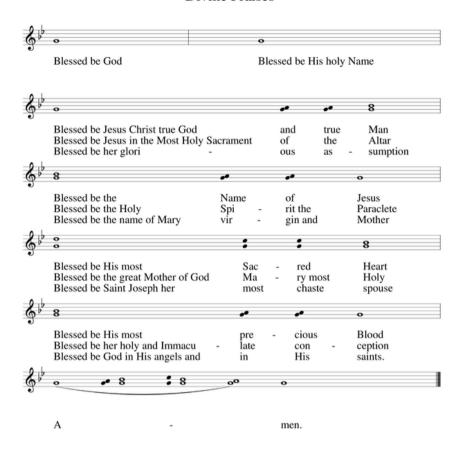
V. You have given them bread from heaven

R. Having all sweetness within it

Lord Jesus Christ, you gave us the Eucharist as the memorial of your suffering and death. May our worship of this sacrament of your body and blood help us to experience the salvation you won for us and the peace of the kingdom where you live with the Father and the Holy Spirit, God, forever and ever. R. Amen.

After the prayer, the priest takes the monstrance and makes a sign of the cross over the people, after this, the Divine Praises are chanted:

#### **Divine Praises**



#### As Father processes out, the following hymn is sung:



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